

## More Information

### Transportation Services:



Explore Maine is a comprehensive resource of bus and other transportation services throughout the state.

[www.exploremaine.org](http://www.exploremaine.org)  
207-624-3250



Seasonal trolley service serving York to Kennebunkport.

[www.shorelineexplorer.com](http://www.shorelineexplorer.com)  
207-324-5762 ext. 2932

### General Services:



2-1-1 Maine is a health and human services information and referral service system for the entire State of Maine.

[www.211maine.org](http://www.211maine.org)

Phone: 211

TTY: 211

Toll Free:

1-877-463-6207



The mission of the Southern

Maine Agency on Aging is to assure that older people living in Southern Maine, especially those who are frail, living alone, or have low incomes, receive the support necessary to maintain their independence in the community.

[www.smaaa.org](http://www.smaaa.org) 1-800-427-7411

# Transportation Options for Senior Citizens

in Southern York County



**Connecting seniors to  
services and activities  
throughout the KEYS region**

(Kittery, Eliot, York, & South Berwick)

This brochure was created by Southern Maine Regional Planning Commission, with funding assistance from the Federal Transit Administration



***Organizations offering  
transportation services for seniors.***

**York County Community Action**



YCCAC offers a number of services throughout York County. Their goal

is promoting self-sufficiency for York County residents by providing them a means to access community services and resources.

- Bus Program  - Provides door-to-door bus service to all of the KEYS towns on certain days of the week for shopping and medical appointments.
- Kittery & Eliot Senior Connection  - YCCAC offers additional transportation for seniors on certain days. If you are a resident of Kittery or Eliot, please contact YCCAC for more information.
- Volunteer Driver Program—provides transport for medical services covered by MaineCare, cancer care and elderly persons at risk.
- Friends & Family Reimbursement Program—for persons with current MaineCare eligibility who drive themselves, or have a friend or family member drive them to eligible medical appointments.

**Contact Info: [www.yccac.org](http://www.yccac.org)  
(800) 965-5762 York County  
(207) 324-5762 Local (Sanford)**

YCCAC provides its services in accordance with the Rights under Title VI of the Civil Rights Act - No person in the United States shall, on the ground of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving Federal financial assistance.

**York Hospital**



Offers transportation for patients to and from their homes to medical appointments at any York Hospital facility or practice.

People are asked to give the Hospital advance notice for scheduling purposes. The service is only for destinations within Maine.

**Contact Info: (207) 351-3413  
[www.yorkhospital.com](http://www.yorkhospital.com)**

York Hospital also provides the Bridge Program, which assists seniors in transitioning to home after surgery or other major medical procedures. The hospital will run small errands for patients and provide some other services.

**For Bridge Program call (207) 351-2221**

**York Senior Center**

Provides trips to both members and non-members of the Center. Members receive a reduced rate for the trips. 24 hours notice is required. The program provides trips to both Maine and New Hampshire destinations.

**Contact Info: (207) 363-1036**

**South Berwick Senior Center**

Free transportation for South Berwick residents to medical appointments is provided by The South Berwick Volunteer Network. For Scheduling, 48 hour advance notice is required.

**Contact Info: (207) 384-3310**